



Ryan Bohn  
Assistant Principal  
Athletic Director  
Margaretta High/Middle School  
209 Lowell Street  
Castalia, OH 44824  
Phone: 419-684-5351  
Fax: 419-684-5632

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March 12, 2013

Dear Athletic Director/Coach:

We are happy to have your team as a participant in the 19<sup>th</sup> Annual Polar Bear Relays this year on Saturday, April 6, 2013. **We would like to begin the field events at 10:00am and the running events at 11:00am.** The team entry fee is \$150, which covers both your boys and girls teams. This fee should be paid prior to the day of the meet. Please inform your coaches that all entries are to be completed at [www.baumspage.com](http://www.baumspage.com). **The deadline for entries is Thursday, April 4<sup>th</sup> at 7:00pm.**

The following schools are currently under contract for this year's meet: Gibsonburg, Huron, Monroeville, Open Door Christian, Willard, and host Margaretta. Thanks again for participating in this exciting meet! We will be offering contracts for the 2014 Polar Bear Relays in the near future.

Ryan Bohn  
Athletic Director

**18<sup>th</sup> ANNUAL MARGARETTA POLAR BEAR RELAYS**  
**SATURDAY, APRIL 6, 2013**

**Field Events begin at 10:00am – 3 Participants per school**

**Girls Field Events**

Shot Put *	10:00am
Long Jump *	10:30am
High Jump	After the boys (Beginning height 4'2")
Discus *	After the boys
Pole Vault	10:00am (Beginning height 6'0")

**Boys Field Events**

Discus *	10:00am
Pole Vault	After the girls (Beginning height 9'0")
High Jump	10:00am (Beginning height 5'2")
Long Jump *	10:30am
Shot Put *	After the girls

\* = Each participant will have 4 attempts.

*Long Jump will be open pit from 10:30am-Noon.*

**RUNNING EVENTS - BEGIN AT 11:00 AM**

1. 6400 METER RELAY	GIRLS
2. 6400 METER RELAY	BOYS
3. 100 METER SHUTTLE HURDLE RELAY (30" HEIGHT)	GIRLS
4. 110 METER SHUTTLE HURDLE RELAY (30" HEIGHT)	BOYS
5. 800 METER RELAY (200,200,200,200)	GIRLS
6. 800 METER RELAY (200,200,200,200)	BOYS
7. 3200 METER RELAY (800,800,800,800)	GIRLS
8. 3200 METER RELAY (800,800,800,800)	BOYS
9. 400 METER RELAY (100,100,100,100)	GIRLS
10. 400 METER RELAY (100,100,100,100)	BOYS
11. SPRINT MEDLEY (100,100,200,400)	GIRLS
12. SPRINT MEDLEY (100,100,200,400)	BOYS
13. DISTANCE MEDLEY (800,400,1200,1600)	GIRLS
14. DISTANCE MEDLEY (800,400,1200,1600)	BOYS
15. 1600 METER RELAY (400,400,400,400)	GIRLS
16. 1600 METER RELAY (400,400,400,400)	BOYS

**GENERAL NOTES**

1. Non-participating athletes will not be permitted inside the fenced area of the track during the running of the meet.
2. Awards will be given to the coaches immediately after the meet. Final result sheets will be available in the press box at the conclusion of the meet.
3. All relay teams must report to the clerk of course by second call.
4. Trophies will be given to the top two teams in the meet.
5. Medals will be given in each event to the 1<sup>st</sup> place team with ribbons given to 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> place teams.
6. Lane assignments will be rotated for each event.
7. A concession stand will be open during this meet.
8. We have an all-weather track. Please make sure all spikes are ¼ or 1/8 inches.

**POLAR BEAR RELAY RECORDS-GIRLS**

<u>Event</u>	<u>Distance/Time</u>	<u>School</u>	<u>Year</u>
Pole Vault	23' 0"	Lakota	2012
Shot Put	113' 7"	Western Reserve	2001
High Jump	14' 8"	Huron	2000
Discus	326' 10"	Western Reserve	2001
Long Jump	46' 6"	Fremont Ross	1997
6400 Meter Relay	22:26.0	Huron	2002
Shuttle Hurdle Relay	1:08.8	Margaretta	1999
800 Meter Relay	1:47.5	Edison	2000
3200 Meter Relay	9:51.2	Woodmore	1998
400 Meter Relay	50.6	Fremont Ross	2000
Sprint Medley	1:55.2 1:55.2	Huron Western	1999 1999
Distance Medley	13:01.0	Woodmore	2000
1600 Medley Relay	4:02.6	Edison	2000

**POLAR BEAR RELAY RECORDS-BOYS**

<u>Event</u>	<u>Distance/Time</u>	<u>School</u>	<u>Year</u>
Pole Vault	39' 6"	Bay Village	1994
Shot Put	142' 9.5"	Seneca East	2001
High Jump	19' 0"	Fremont Ross	1999
Discus	397' 8"	Western Reserve	2001
Long Jump	58' 8.5"	Seneca East	2002
6400 Meter Relay	18:48.2	Fremont Ross	1997
Shuttle Hurdle Relay	1:00.9	Edison	1998
800 Meter Relay	1:30.7	Huron	2005
3200 Meter Relay	8:16.8	New London	2001
400 Meter Relay	43.1	Edison	2001
	43.1	Edison	2002
Sprint Medley	1:38.1	Seneca East	2000
	1:38.1	Seneca East	2001
Distance Medley	10:52.9	Bay Village	1994
1600 Medley Relay	3:23.0	Edison	2001